



*Light from the Shadow:
Visual Journaling and
Meditation Retreat in Italy*



featuring Elizabeth Lewis

June 4 – 15, 2009
\$3,499



*For further information, contact
Passante Arts Connection
www.passante-arts.com
antevic@msn.com*

Registration
Visual Journaling and Meditation Retreat
\$500.00 Deposit due March 3 • Balance \$2,999.00 due April 3

Name _____
Address _____
Phone/s _____
Roommate _____
Cell: _____
State _____ Zip _____



PASSANTE
arts
CONNECTION

Contact Vic Passante at antevic@msn.com or 262.719.4797
Return Registration Form and \$500.00 check or money order to:
Passante Arts Connection • 36815 Pine View Drive • Dousman, WI 53118



*Art
Writing
and Meditation
in the Pristine Setting
of Umbria,
the “Green Heart of Italy.”
With
Elizabeth Lewis*





Elizabeth Lewis and Visual Journaling

Since 1999, Elizabeth's art works have been exhibited throughout Wisconsin and nationally in museums, galleries and juried shows. She currently presents motivational/inspirational talks, workshops and programs on the healing power of art, the healing power of writing and words, accessing creativity, stress management and more to colleges, healthcare facilities, businesses, community, social and religious organizations and artist's guilds

Artist and healer Elizabeth Lewis will facilitate our guests' Visual Journaling, the art of self-realization.

In addition to daily meditation and relaxation, travelers will experience:

- The five universal shapes and how to use them
- Interpreting personal color vocabulary
- Identifying the meaning of personal imagery
- Exploring mandolas and mandorlas
- Visual journaling through music and movement
- Issues of the heart: love gratitude and forgiveness



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- Airfare from Chicago
- 10 nights at Villa Pieve (www.pieve.com)
- All day trip tour and travel expenses
- Most meals
- 10 days of healing workshops
- Art supplies
- Day trips and meditation sessions at:
 - Assisi
 - Orvieto
 - Florence
 - Cortona
 - Lake Trasimeno
 - Perugia
- Behind the scenes art tours rarely seen by the public
- Wine and olive oil tastings, and more



The Villa Pieve

The luxurious and exclusive countryside inn, Villa Pieve, is set like a diamond in the crown on the hill of Pieve del Vescovo in the medieval town of Corciano. The tranquility and rural setting fosters a discovery of personal history in Villa steeped in history. Villa Pieve, once a papal residence, was built in the 1600s on top of a castle built in the 1500s, in front of a castle built in the 1000s. Villa Pieve, in the Italian region of Umbria, is accessible to Florence and Rome and near the site of St. Francis of Assisi church and San Damiano making it an ideal location for a rich variety of experiences.

